**YEAR 5 ULTIMATE DODGEBALL RULES**

Each school will deliver a Level 1 intra school competition engaging all pupils in Year 5 to help them select/identify their teams for collaborative festival.

From this competition each class will have a representative team that will go through to compete in a Level 2 competition. Therefore 1fe will have 1 team, 2fe will have 2 teams and 3fe will have 3 teams. Schools with more than one class are not allowed to mix players across classes.

This festival is targeting ‘Less Sporty’ pupils who would not normally get the chance to represent the school.

**Level 2 Ultimate Dodgeball Competition Rules:**

**The aim of the game is to hit the opposition with the ball to get their players out whilst keeping their own team in**

* Dodgeball court size = badminton court
* Each team has 6 players on court and up to 8 in a squad (min 3 boys/3 girls).
* Teams must be mixed with a 3:3 split in gender on court at all times.
* Each team will be in their own playing zone separated by two lines of cones in the middle. 3 balls are placed in the central zone.
* The game starts with each player touching the back line with their foot.
* Players are not allowed to step into the central coned area.
* Players can move with the ball or pass it to teammates
* A player is out if a direct throw from an opposing team player hits them below head height.
* Players can be out if the ball hits the floor then hits a player. If the ball hits a player then bounces off and hits another player the second player is NOT out.
* A player is out if their throw is caught by a member of the opposing team. A ball cannot be caught after bouncing off the floor – it must be caught directly.
* A successful catch enables a player who is already out to return to the game, this must always be the first player who was out and they must return behind the return line.
* A player may use a ball in their possession to block a thrown ball – they must ensure they keep full control of the ball they are holding.Players cannot deliberately hold the ball if they do so they will be given a warning, if they continue to do so they will lose possession of the ball.
* Players must remain inside the badminton court lines they will be called out if they keep going out (unless going to retrieve a ball)