Sportshall Athletics Roadshows



Sportshall provides the perfect format with which to introduce athletics at Key Stage Two supporting the development of running, jumping and throwing skills and providing a sound base for all other sports. Sportshall is firmly established as the most popular competition within the School Games programme.

Sportshall Roadshow sessions:

- Engage a whole class in activity and promote self-improvement.
- Support the delivery of fundamental skills and Athletics.
- Offer a format for School Games Level One competition and provide ideal preparation for School Games competition at Levels Two and Three.

The Regular Roadshow

- This requires a minimum of fifty minutes with each class.
- Two British Athletics qualified coaches lead each Roadshow.
- All children complete the six field events included in the Primary competition programme - Chest Push, Speed Bounce, Soft Javelin, Standing Long Jump, Standing Triple Jump and Vertical Jump.
- Every child receives a Sportshall Pentathlon Award using their top 5 events.
- A full set of results are provided, assisting in the selection of a school team.

The Extended Roadshow

- This requires ninety minutes per class and includes all elements as above.
- The additional time is spent considering relay changes, hurdles and histepper technique.

Planning your School's Roadshow

Most schools look to include as many classes as possible in back to back sessions, with a view to entire year groups, usually Year 6 or Years 5 and 6 participating. Use of the school hall is essential. A morning or afternoon Roadshow is typically priced at £150.00 with a full day costing £250.00.

For further information and to discuss your specific requirements, please contact us.